

# Public Transparency Statement Ethical Treatment Refusal and Patient Safeguarding Statement

## Cosmetic Surgery of The Royal Liver Building

### **Our Approach**

Cosmetic Surgery of the Royal Liver Building is committed to providing responsible, ethical and patient centred cosmetic care.

Cosmetic procedures are elective medical interventions. They should only be undertaken when it is clinically safe, psychologically appropriate and in the patient's overall best interests.

For this reason, our clinicians reserve the right to decline or postpone treatment if they believe proceeding would not support the patient's wellbeing or safety.

This policy forms part of our commitment to transparent, ethical cosmetic practice and responsible clinical decision making.

### **Age Safeguarding**

As an ethical safeguarding standard, Cosmetic Surgery of the Royal Liver Building does not normally undertake elective cosmetic surgical procedures for patients under the age of 25.

Although individuals over the age of 18 may legally consent to treatment, our clinical leadership believes that additional maturity and life stability are important when making permanent aesthetic decisions.

Patients under 25 who enquire about cosmetic surgery will be provided with information and guidance and may be encouraged to reflect further before considering treatment in the future.

This approach reflects our commitment to protecting younger patients from making irreversible decisions during periods of significant personal development.

### **Exceptional Clinical Circumstances**

Where a treatment request relates to a genuine medical, reconstructive or functional concern rather than purely cosmetic motivation, the case may be reviewed through the clinic's clinical governance framework.

Examples may include:

- Hair loss with significant psychological impact or medical aetiology
- Functional eyelid concerns affecting vision
- Post surgical or post trauma reconstruction
- Other medically indicated corrective procedures

In such cases the request will be reviewed by the relevant specialist clinician and discussed within the governance structure before a decision is made.

This ensures that clinical judgement and patient welfare remain central to decision making.

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### **Medical Safety**

Treatment may be declined or postponed where a patient has medical conditions that increase procedural risk.

This may include, but is not limited to:

- Uncontrolled medical conditions
- Significant cardiovascular disease
- Unstable diabetes
- Active infection
- Medication risks such as anticoagulants
- Complex systemic disease

Where appropriate, the clinic may request information from the patient's GP or treating specialist before making a final decision regarding suitability for treatment.

### **Psychological Wellbeing**

Cosmetic procedures should enhance wellbeing and confidence rather than attempt to resolve underlying psychological distress.

Treatment may be declined if clinicians identify concerns that surgery may not be appropriate at that time.

Examples include:

- Features suggestive of body dysmorphic disorder
- Unrealistic expectations regarding outcomes
- External pressure from partners, family or others
- Evidence of significant emotional distress or vulnerability

In such situations patients may be advised to take additional time to reflect or seek appropriate support before considering treatment.

### **Informed Decision Making**

All patients are provided with clear information regarding procedures, risks and recovery.

Patients are encouraged to take time to reflect before deciding whether to proceed.

Clinicians will decline treatment if they believe a patient:

- Does not fully understand the procedure or risks
- Appears uncertain or hesitant
- Feels pressured to undergo treatment
- Would not benefit from the requested procedure

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### **Ethical Responsibility**

Declining treatment is not a refusal of care. It is part of the professional responsibility of clinicians to ensure that procedures are performed only when they are safe, appropriate and in the patient's best interests.

This policy reflects our commitment to responsible cosmetic practice and ensures that patient wellbeing is prioritised above commercial considerations.

### **Governance Oversight**

Where there is uncertainty regarding patient suitability, cases may be reviewed through the clinic's governance structure, which includes senior clinical leadership and the Registered Manager.

This ensures that complex or borderline cases are considered carefully and decisions are made in a structured and accountable manner.

### **Regulatory Alignment**

This approach aligns with professional and regulatory standards including:

Health and Social Care Act 2008 Regulated Activities Regulations

Regulation 10 Dignity and Respect

Regulation 12 Safe Care and Treatment

Regulation 17 Good Governance

### **GMC Good Medical Practice**

Royal College of Surgeons Professional Standards for Cosmetic Surgery