



UNDERSTANDING INFECTION PREVENTION AND CONTROL

At Cosmetic Surgery of the Royal Liver Building, your health and safety are our top priorities. We are dedicated to maintaining the highest standards of Infection Prevention and Control (IPC) to ensure your well-being throughout your surgical journey.

UNDERSTANDING INFECTION PREVENTION AND CONTROL (IPC)

IPC encompasses a range of practices designed to prevent infections in healthcare settings. Our comprehensive IPC program aims to protect both patients and staff by minimizing the risk of infection during and after surgical procedures.

OUR COMMITMENT TO YOUR SAFETY

We have implemented several advanced measures to uphold exceptional IPC standards:

- **State-of-the-Art Sterilization:** All surgical instruments undergo rigorous sterilization processes, adhering to the highest industry standards.
- **Advanced Air Filtration:** Our surgical suites are equipped with HEPA-filtered air purification systems to maintain a clean and safe environment.
- **Continuous Staff Training:** Our medical team participates in regular IPC training sessions to stay updated on the latest infection prevention protocols.
- **Patient Education:** We provide comprehensive information to help you understand and participate in infection prevention practices.

HOW YOU CAN CONTRIBUTE TO INFECTION PREVENTION

Your active participation is crucial in minimizing infection risks. Here are some steps you can take:

1. **Pre-Surgical Preparations:**
 - **Shower Before Surgery:** Clean your body thoroughly with soap and water on the day of your procedure.
 - **Avoid Shaving the Surgical Area:** Shaving can irritate the skin and increase infection risk. If hair removal is necessary, our medical team will handle it safely.
2. **Hand Hygiene:**
 - **Regular Hand Washing:** Wash your hands frequently with soap and water, especially before eating and after using the restroom.
 - **Use Hand Sanitizer:** When soap and water are unavailable, use an alcohol-based hand sanitizer.



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3. Post-Surgical Care:

- Follow Wound Care Instructions: Keep the surgical site clean and dry, and adhere to any specific care guidelines provided.
- Monitor for Signs of Infection: Be vigilant for symptoms such as increased redness, swelling, pain, or discharge, and report them to us promptly.

RECOGNIZING SIGNS OF INFECTION

Early detection is vital. Contact us immediately if you experience any of the following after your surgery:

- Fever: A temperature exceeding 38°C (100.4°F).
- Excessive Redness or Swelling: Particularly around the surgical site.
- Unusual Discharge: Such as pus or foul-smelling fluid from the wound.
- Persistent Pain: Especially if it intensifies over time.

OUR EXPERT TEAM

To further enhance our IPC efforts, we have appointed Ms. Josie Winter, a Senior Registered Nurse with a Master's degree in IPC, as our dedicated Infection Control Consultant. Ms. Winter collaborates closely with our Clinical Director, Dr.

Sarah Mottram, to develop and implement innovative strategies that exceed standard compliance requirements, ensuring the highest level of patient safety.

CONTACT US

If you have any questions or concerns about infection prevention or your surgical care, please do not hesitate to reach out:

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Your safety is our priority. Together, we can ensure a successful and infection-free surgical experience.