

GOVERNANCE PACK - FACELIFT (RHYTIDECTOMY)

PATIENT INFORMATION - FACELIFT (RHYTIDECTOMY)

Cosmetic Surgery of the Royal Liver Building

WHAT IS A FACELIFT?

A facelift is an operation to reduce sagging of the face and neck by repositioning skin and underlying tissues.

WHY HAVE IT?

- To improve sagging cheeks, jawline, or neck
- To achieve a more youthful appearance

ALTERNATIVES

- Non-surgical options such as fillers, threads, or energy-based treatments
- Mini-lift or less invasive procedures
- Do nothing

BENEFITS

- Improved contour of jawline and neck
- Smoother facial profile
- More youthful appearance

RISKS

- Bruising, swelling, numbness
- Bleeding, haematoma
- Infection
- Scarring in hairline or around ear
- Hair loss at incision sites
- Facial nerve injury (causing weakness)
- Skin necrosis (especially in smokers)
- Asymmetry or recurrence of laxity
- Unsatisfactory result requiring revision
- Rare systemic risks (blood clot, anaesthetic risk)

RECOVERY

- Same-day or overnight stay
- Dressings and drains may be used
- Sutures removed after 7-10 days if not dissolvable
- Swelling and bruising peak at 48-72 hours, improve over 2-3 weeks
- Return to work in 2 weeks, full activity after 6 weeks

RED FLAGS - CALL IMMEDIATELY

- Severe pain or swelling
- Sudden facial weakness
- Wound bleeding soaking dressing
- Fever, pus, spreading redness
- Shortness of breath or chest pain

CONTACT

Emergency line: 0151 203 0020

If unable to reach us, attend A&E.