

# **GOVERNANCE PACK - RHINOPLASTY (LOCAL ANAESTHETIC)**

## **PATIENT INFORMATION: RHINOPLASTY (LOCAL ANAESTHETIC)**

### **Cosmetic Surgery of the Royal Liver Building**

#### **WHAT IS RHINOPLASTY?**

Rhinoplasty reshapes the nose by modifying bone and cartilage. It may be performed under local anaesthetic in selected cases.

#### **WHO IS SUITABLE?**

- Patients seeking cosmetic refinement with realistic expectations.
- Patients with mild functional obstruction suitable for local anaesthetic surgery.

#### **WHO IS NOT SUITABLE?**

- BMI >30 without governance approval.
- BP >160/100 mmHg on the day.
- On anticoagulants without GP clearance.
- Untreated BDD or severe psychological concerns.
- Smokers at higher risk of wound issues.

#### **BENEFITS**

- Cosmetic improvement (bridge, tip, nostril symmetry).
- Possible breathing improvement.

#### **RISKS**

- Bleeding, bruising, swelling.
- Infection.
- Visible scarring.
- Septal perforation (rare).
- Persistent asymmetry.
- Dissatisfaction with cosmetic outcome.
- Altered sensation.
- Rare necrosis of skin.
- Revision may be required.

#### **CLINIC SAFEGUARDS**

- BMI/BP thresholds enforced.
- GP clearance required.
- Photography mandatory.
- Zero diazepam policy unless governance approved.
- Follow-up at 24 hours, 4 weeks, 12 months.
- GP informed if approved.

#### **LONG-TERM CONSIDERATIONS**

- Results may take months to settle.
- Swelling can persist for 6–12 months.
- Some changes may not be permanent.

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**URGENT CONTACT**

Call 0151 203 0020 if:

- Heavy bleeding.
- Fever, pus, spreading redness.
- Severe pain.
- Breathing difficulty.